















## COMMUNITY

# 'Small gestures' motto for meeting

BY PAT PALMER

SHEDDEN WI

SHEDDEN — The December meeting of the Shedden Women's Institute was held at the home of Pat Palmer on Dec. 20 with 11 members and two

visitors present.

The meeting began with the Mary Stuart Collect and Institute Ode. All present responded to the roll call which was favourite sights and sounds of Christmas.

From snowy walks, enjoying the lights, opening presents, or watching the birds, each member had their favourite.

The motto for the meeting was, "Sometimes the smallest gesture makes

the biggest difference."

The minutes and treasurer's report was given. Volunteers for the Elgin Manor in January are Marlane Connors and Sharon Welch. A thank-you was received from Mary Ann Campbell who was an "Up With People" traveller that the members had sponsored. Thank you's were received from many agencies that had received a donation of money from the members previous to the Christmas season. A thank-you also received from the Shedden-Fingal 4-H Club with photos of the members accomplishments over the year.

Biographies were heard for Denise Maton and Cheryl Garvin. Members have almost completed

giving biographies of members past and present to add to the Tweedsmuir Books for this years project. A suggestion to give the ideal book to shut-ins at Christmas was discussed and passed.

The business portion of the meeting concluded followed by a reading by Carol Gordon called, The Christmas Guest. Continuing with the program was a comical reading by Beth Vicary with a very comical twist on, The Twelve Days of Christmas. A sing-song was held with Beth Vicary on the piano and members gathered around singing their favourites.

The annual craft was then tackled by the members. Denise Maton

demonstrated how to make a gingerbread hanger to decorate each home.

As lunch was being prepared a surprise visitor arrived - the man in the big red suit came with gifts for all. Thanks to Carl Chamberlain for adding a touch more fun to our meeting. Each member had to sit on Santa's knee to receive his special gift. Lunch was prepared and served by Carol Gordon, Denise Maton and Pat Palmer. The table decorations were made by Denise Maton and each member was able to take a small felt stocking home with them. All enjoyed the meeting.

The next meeting will be held at Bethany United Church on Jan. 24. All are welcome.



# Shedden WI goes Looney

Shedden Women's Institute met at Bethany United Church for their January meeting. Fifteen members were present as the meeting began with the Mary Stewart Collect and Institute Ode.

Minutes and treasurer's reports were heard. All bills were paid.

Jean Palmer reported for the Elgin County Pioneer Museum. The bathroom has been painted and new cupboards were completed in the basement. An "Elgin Roots" display is now ready to be viewed at the museum in coordination with the display at the Elgin County building. A beautiful mural has been painted in a small room near the entrance of the county building.

A thank you was received from Lois Oldham for her Christmas remembrance. A letter was received from the Elgin Manor asking for anyone who was able to volunteer more time to please call the manor. A display for the Winter Picnic was discussed and Denise Maton volunteered to donate her collection of rolling pins to be part of the program

planned for that afternoon.

Biographies were heard for Margaret Campbell, Kay Chamberlain, Ruth Hunter, Beth Vicary and Dorothy McLaughlin. A fundraising idea was suggested for Rosy Rhubarb and Denise volunteered to help. The meeting portion of the evening was complete and the fun began.

Carol Gordon and Dorothy introduced members to the cookbooks entitled Looney Spoons and Crazy Plates. These cookbooks offer low fat meals.

Dorothy prepared a waldorf salad while Carol demonstrated a chicken with rice casserole. As they were preparing and explaining the method, Sharon Welch conducted a contest "Who wants to be a Looney-Spoon?" Questions were asked of members who could call a friend, poll the audience or try 50/50. Lots of fun was had.

Following the demonstration, lunch was served. It consisted of Waldorf Salad, Chicken with Rice Casserole, Lemon Squares and Brownies. All were scrumptious and calorie-free!

The committee of Carol, Ruth and Dorothy were thanked for a fun meeting.

Next meeting will be held at the home of Pat Palmer on February 28th. The speaker will be Mary Marchand, who has been totally

blind since birth and is able to teach lifeskills to CNIB members in Elgin County and London. All are welcome.

**WANT ADS**  
**GET RESULTS**





# Good deeds make world a better place: WI motto

2001  
BY PAT PALMER  
SHEDDEN WI

SHEDDEN — Thirteen members and one visitor met at the home of Pat Palmer for the February meeting of the Shedden Women's Institute.

The meeting began with the Institute Ode and Mary Stuart Collect. The roll call for the meetings was, What did you do to entertain yourself as a child. Many interesting answers were heard from: mud pies, Indian rubber ball games, baseball, dolls, and sticks and stones. Very unlike the children of today's entertainment.

The motto for the meeting was, Every time we help one another we make the world a better place. Minutes and treasurer's report were heard and bills were paid.

A committee of Jean Palmer, Dora McArthur and Beth Vicary was set up to have a plaque made in memory of Dr. David Monteith to be

placed at the medical centre in Shedden.

Pat Palmer, Sharon Welch and Denise Maton will do the work for the nominating committee and Elgin Manor volunteers for March will be Marlane Connors and Sharon Welch.

Biographies were heard for Pat Palmer, Connie Silcox and Marlane Connors.

The meeting was then handed over to committee convener Jean Palmer. She presented a reading taken from the book, From This Place. This book is compiled by the FWIO members who sent in stories of the past. This article was written by Marion Facey, a member of Yarmouth Glenn W.I. It was about how she lived in her day. She told of her younger days, including the old crank phone, the Model T and how two irons were used for ironing day each being heated on the stove for use.

Pat Palmer introduced the guest speaker, Ann Carmichael from Shedden who works for Madame Vanier in London, Ont. She went to school at Humber College in Toronto and now works with behaviour management children. She supports the family and parents by helping them cope with school, community and home. Ann Carmichael goes to homes and helps the families deal with crisis, wife abuse, anger problems and simply listens to their problems. She has been well received into homes and has had many success stories. Ms Carmichael is an excellent speaker and expressed an interest to speak to other groups. She was thanked by Jean Palmer.

Lunch was served and enjoyed by all. The next meeting will be held at the farm of Peter and Fia Beunen on March 28. All are welcome.



# Shedden Women's Institute visits sheep farm

BY PAT PALMER

SHEDDEN WI

SHEDDEN — Members of the Shedden Women's Institute and their husbands were entertained by sheep farmer Peter Beunen for the March meeting.

The local farmer, better known as the Poor Farmer From The Gore,

was introduced by Connie Silcox. He came to Canada in 1956, married and had five children. Members were able to view lambs just 10 days old. Peter Beunen's sheep are fed barley and oats and a special mix with molasses twice a day. Lambs are sold for meat when they are about 90-

100 lbs. Connie Silcox thanked Mr. Beunen for sharing his farming business with members and presented him with a gift of appreciation.

Members then returned to the Bethany United Church where lunch was served.

The business meeting followed beginning with

the roll call for the evening which was to name an agricultural product or animal from another country.

The motto for the evening was, "Planet Earth is our island, given to us to enjoy, not misuse or destroy."

Jean Palmer reported for the museum. The display called Elgin Roots is ongoing at the museum until April 28 and well worth stopping to see.

Volunteers are still needed at the museum to help with inventory. The rug hooking classes are still being offered and new students are welcome.

Jean Palmer also reported from the district meeting and members are encouraged to bring new members to the June meeting. June is Women's Institute Month. An invitation was received from the Kensington Club for its meeting on May 2 at

7:15 p.m. at Lawrence Hall. The nominating report was given by Denis Maton and committees were chosen for the next year's program.

The next meeting will be a walking tour of Shedden presented by Tweedsmuir History curator Dora McArthur. The Tour begins at Bethany United Church at 7 p.m. All welcome.



# Shedden WI takes walking tour of hamlet

There were 14 members present when Shedden Women's Institute met for their April meeting. The meeting began with a walking tour of Shedden, led by Tweedsmuir History Curator, Dora McArthur.

The tour began at the Bethany United Church where Mrs. McArthur told of the tourists cabins that were located across the road. Along the way many different buildings and former businesses were pointed out to members. Some were the cold storage, beauty shops, a carriage shop, a funeral home, an antique shop, restaurants and even a jail. Before Shedden had its present name it was known as Wilkies Corners, Shaws Corners and then Corsleys Corners. Other members recalled sto-

ries along the way of things that they remembered about buildings still standing or torn down. So much history is in the walls of a small town that is so very interesting to learn about.

Mrs. McArthur has spent numerous time compiling history with which will always be available to pass on to children and grandchildren. The tour ended and members returned to the church for a business meeting.

Roll call was payment of dues and answered by "Tell something you remember in Shedden that no longer exists." More history was learned by all members answers.

The motto for the meeting was "Be it ever so humble, there's no place like home."

Correspondence included an invitation to a 90th birthday party for Ilene Orchard being held at the Keystone Complex, and details for the District Annual being held at Talbotville United Church on May 16th. Jean Palmer reported on details regarding the plaque to honour the late Dr. D.A. Monteith. The annual meeting reports were then heard and Installation of Officers was conducted by Jean.

The branch was happy to have 2 new members join. They are Marlene Connors and Lorrie Jones. Pennies for Friendship collected for the year was \$48.61 and a motion was made to send \$75.00. Carol Gordon offered to donate a craft to the London Area.

The meeting closed

with Dora - thanking the executive for their work for the year. A lovely lunch was served by the executive, and Dora was thanked for organizing the meeting, as well as, the work she had completed towards the Tweedsmuir books during the year.

Next meeting will be at the home of Pat Palmer on May 23rd when the speaker will be Mary Marchand from CNIB. All are welcome to attend.



# CNIB teacher addresses Shedden Women's Institute

FOR THE TIMES-JOURNAL

The May meeting of the Shedden Women's Institute was held at the home of Pat Palmer where 13 members and two guests were welcomed by vice-president Brenda Silcox, who was sitting in for president Connie Silcox.

New programs for the year were handed out and the meetings planned show an interesting and informative year ahead. Brenda Silcox thanked Sharon Welch for printing the programs once again.

The motto for the evening was: Enjoy each moment, for each one is a gift.

Dorothy McLaughlin reported for the museum.

Due to a recent fire, the strawberry social will be held on July 18. Brenda Silcox reported for the Information Booth that the members will man for the Rosy Rhubarb Festival on June 8-10. Denise Maton has made 150 lapel pins to be sold by members to raise money for the Rosy Rhubarb Committee.

Thanks was expressed to Denise Maton for her labour and many volunteer hours to complete these pins by herself. Sharon Welch reported from the District Annual that she attended at Talbotville United Church.

Pat Palmer introduced guest speaker Mary Marchand, a rehabilitation teacher for the CNIB, who has been blind since birth and is married with four children. She and her family have travelled to many places over the years and she told a little of her travels.

Mrs. Marchand heard the members'

answers to the roll call which was "If you had to be blind or deaf, which would you choose and why?" Members had put much thought into their answers. Eleven members chose to be deaf while only two chose to be blind.

Mrs. Marchand explained, that to her, "braille means to me more than print means to you." She said if she was deaf she would be unable to do her job. Being blind from birth is much different than having lost your sight. She deals with clients who are losing their sight and teaches them life skills to make life more manageable.

Mrs. Marchand brought some tools of the trade with her, such as small metal tags with braille on them to help colour code clothing items. Also a talking watch, and a tool that helps to pour hot liquids into a tea cup.

Mrs. Marchand spoke with much confidence about her life and her ability to cope. She told members that of the more than 200 members of the CNIB from St. Thomas-Elgin only about 15 are totally blind. Still, they have visual impairments that make life challenging in one way or another. She feels it a worthwhile experience every time she can help someone who is having difficulty. Sharon Welch thanked Mary Marchand for coming.

Lunch was then served by Sharon Welch, Jean Palmer and Pat Palmer.

The next meeting will be June 27 at Bethany United Church where Debbie Leeming will speak on her, Climb To Machu-Pichu. All are welcome.



# Shedden WI meeting

There were 10 members and 2 guests present at the Bethany United Church for the June meeting of Shedden Women's Institute when Connie Silcox opened the meeting. She read a short portion from a book written by a man who had climbed Mt. Everest.

The motto for the evening was, "Discovery is seeing what everyone else has seen and thinking that nobody else has thought." The roll call, Tell a fact from South America, was answered by all present, followed with the introduction by Sharon Welch of Debbie Leeming. She told of her trip to Peru, South America, where she climbed Machu-Pichu.

It was her dream 10 years ago that she would travel to South America where the original Inca's had lived and built buildings and roads of which are still standing and used today. With a group of 15 people and 25 porters (guides that led them and helped to carry essentials such as food, sleeping bags, etc., for their 5-day hike) they travelled treacherous terrain that was up and down steep, rough portions of road.

The trip to Machu-Pichu can be made by bus for those interested and attracts up to 500 people a day.

Some also bike. The original trail was built around the 1300's. The most difficult struggle during the trip was the altitude that made breathing so hard at times. The people in this area farm all day on a very small plot and return down the mountains at night. Upon arrival to Machu-Pichu the tourists view ruins of original temples built.

Today, modern technology cannot figure out how they built these temples with such limited tools, etc., to work with. Sharon thanked Debbie with a gift of appreciation.

The business portion of the meeting was held. Minutes and treasurer's reports were heard. A thank you was received from Ilene Orchard for a remembrance for her 90th birthday party. Also a thank you from CNIB for recent donations from the members. Elgin Manor volunteers for the summer months were Pat Palmer, Marlene Connors and Carol Gordon.

A donation was made to Shedden Fair and a committee of Connie Silcox, Sharon Welch and Pat Palmer was chosen for the Fair Committee to work with the Bethany UCW.

A special presentation was made by Sharon Welch to Kay

Chamberlain for her involvement collecting for the Heart and Stroke for 20 years. She received a beautiful watch.

Connie Silcox reported for the Rosy Rhubarb Information Centre and any changes for another year were discussed.

Lunch was served by committee of Sharon Welch, Beth Vicary and Dorothy McLaughlin.

The next meeting will be held on September 26th at Bethany United Church when the guest

speaker will be Trudy Steen, a professional aromatherapist. All welcome.



# Shedden WI member honoured with 'This Is Your Life' program

BY PAT PALMER  
FOR THE TIMES-JOURNAL

The September meeting of the Shedden Women's Institute was held at Bethany United Church on Sept. 26. President

Connie Silcox opened the meeting with a reading relating to the recent occurrences in New York, followed by a minute of silence.

The roll call for the

meeting was - Tell about doing something special for someone this month. Members recalled many acts of kindness towards others.

Motto for the evening was: Some people make the world more special just by being in it.

The summer had been a very busy time for members as many reports were given. Pat Palmer reported for Shedden Fair. Members fared nicely with their ladies booth shared with the Bethany UCW as well as their fair entries.

Dorothy McLaughlin reported for the Elgin County Pioneer Museum. Many activities are taking place including a murder mystery at Rosebery Place and coffee break on Dec. 1.

Two welcome books had been handed out by Cheryl Garvin as well as three cards from remembrance. Sharon Welch reported from the district annual and the Cancer Tea details were handled. A 4-H display was set up for members to see what the 4-H members had

completed.

A donation was made to the Christmas Shoppe.

An invitation was received to the Rebecca Lodge on Nov. 10 at Complex.

Shedden Country Christmas was explained which includes a tour of homes, Christmas Bazaar at Bethany United Church, tree decorating and a visit from Santa.

Carol Gordon was in charge of the program portion of the evening. She entitled her program, This Is Your Life, referring to Dora McArthur who is now a life member. Members divided into groups and composed a comical book of memories for her. The book was presented by each group as her life was divided into her "younger years," her, "growing up and raising children years," and her, "retirement years." All thoroughly enjoyed the evening. Dora McArthur was also presented with a life membership pin by Carol Gordon.

## Christ Church ladies meet

BY GRACE DUNCAN  
FOR THE TIMES-JOURNAL

The women of the Community of Christ Church met Oct. 18 with 13 members in attendance. Agnes Helmer presided and welcomed everyone.

Donna Else read two articles for the devotional entitled, Just the way you are, and the other about Thanksgiving.

The roll call was a donation of money to buy chocolate for the candy for the bazaar. Collections for the meat pail and world accord were taken.

Mary Lou Pardy will continue to send cards. Grace Duncan volunteered to look after the devotional and prayers for November. Stephanie Johnson reported on the corn beef and cabbage supper held Oct. 24. Nan Caves reported on the birthday party held at Valleyview.

Nan Caves reported that the Blind Banquet Past Officers will be held Nov. 24. The Christmas party will be on Dec. 13 at the Seven Dwarfs, London.







